



Bijender Vats

They say 'Life is 10% what happens to you & 90% how you react to it.' This quote pretty much sums up Bijender's life. From Sonipat to Mumbai, from being rejected by NDA to being an IIM Kolkata alumni & pursued by top B-schools as a teacher Bijender has come a long way. He is passionate about giving back to the society the pearls of wisdom that he has garnered in his professional journey. He serves as a visiting faculty at some of the top B Schools in the country & is on the advisory council of some of the premier universities.

He is currently working at a US pharma multinational MSD India as Director – Human Resources based out of Mumbai.

While Bijender was carving out his career, he realized a couple of years ago that his health (read weight) was not at its best & that's when he took up running! In the last 2 years he has run 27 marathons! He has also driven multiple running events in his organization to promote the cause of running & wellness. He is an enthusiastic speaker and trainer who has galvanized and influenced a lot of people into running. In 2016 alone he got about 250+ people to run for the 1st time.

From a non-runner to a runner to now a pacer his journey has been quite eventful. He says Pacing is his way of giving back to the running community as it helps him support several runners in achieving their goals. He has paced at several top marathons like Airtel Delhi Half Marathon, Mirchi Monsoon Run, Tirumala Habitat Run etc. Bijender will be pacing the 2:50 bus at Standard Chartered Mumbai Marathon in January 2017 !

His favourite quote to enthuse runners to reach the finish line is, 'when your legs get tired, run with your heart'.

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